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**UNIVERSITY
OF
TENNESSEE**



**SPORTS
PERFORMANCE**

**Strength &
Conditioning
Clinic
March 10th,
2019**



GENERAL INFORMATION

Who: Jr. High, Club, High School
Coaches, College Sport & Strength
Coaches, Athletic Trainers,
Physical Therapists, Personal
Trainers, Fitness Professionals

Where: Anderson Training Center
1551 Lake Loudon Blvd
Knoxville, TN 37996

When: Sunday, March 10th, 2019 (7am - 3:40pm)

Cost: Sunday Rate- \$40
Student Rate- \$35

CSCS / NSCA - CPT = .65 CEUs
CSCCa/SCCC = 2.75 CEUs

The University may postpone or cancel this event due to circumstances or conditions beyond its control, such as, but not limited to, natural disasters, acts of war, acts of God, or public health emergencies.

ITINERARY

Clinic designed to provide the high school and collegiate coach or parent with an annual plan.

Sunday - March 10th, 2019

7:00 - 8:00am Registration (Coffee/Juice/
Donut -Provided)
Opening Remarks from Dan Wirth, Director of
Olympic Sports at The University of Tennessee
8:00 - 8:30 Chris Walker -FCA Devotional
8:30 - 9:30 Brett Bartholomew - Conscious
Coaching
9:30 - 10:30 Tennessee Olympic Strength Staff
Preparing the Athlete with- Garrett
Mendenwald, Dan Wirth, Brad Roll, Greg
Adamson, Barry Cain, John Fabrizio,
Andrew Williams
10:30 - 11:03 Brett Bartholomew - Speed
Development
11:30 - 12:30 Lunch & Visit with Sponsors
12:30 - 1:30 Craig Fitzgerald- Training the
Football Athlete
1:30 - 3:30 Physical Demonstrations with
the Tennessee Strength Staff & Brett
Bartholomew
3:30 - 3:40 Closing Remarks - Clinic Director
CEU Certificates Distributed

APPLICATION

Name

Street Address

City, State, Zip Code

Email Address

School, University, Club Affiliation

Phone Number

Sport(s) You Coach

Register Online at:

www.tennesseesportcamps.com

or

Mail Form With Check or Money Order to:

University of Tennessee
Strength and Conditioning Clinic
Attn: Gregory Adamson
1551 Lake Loudon Blvd
Knoxville, TN 37996

Walk up registration is accepted on the day of clinic with check, cash, or money order. If you plan to register in this manner please email schwinge@utk.edu to assist with our head count.

